



Almost half of UK primary school children cannot swim 25m*

*ASA school swimming census 2014

Beginner 1 swim class is the first step along the pathway for children of primary school age.

Fit&Well Swim School currently has spaces available in **Beginner 1 swim classes** at both The John Warner Sports Centre in Hoddesdon and The Laura Trott Leisure Centre in Cheshunt.

Visit www.broxbourne.gov.uk/swimming or email swim@broxbourne.gov.uk for details.

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BOROUGH OF BROXBOURNE
20th Year of Council by



Beginners 1 (ASA Stage 2)

(Primary School age) Wear armbands in the learner pool

Children could be complete beginners i.e. non-swimmers with armbands to being able to swim about 5 metres front and back. Not out of depth every week; possibly four times in a term. Never in the deep end.

To move up



- Able to swim 5 metres front and back and confident in the water
- Awards achieved: Puffin, Duckling 4, Stage 1, 5 metres front and back

If you are not sure which class your child should join **we offer a FREE no obligation assessment** with a qualified Level 2 instructor.

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